



# Creative Realities Spa

Leigh Ann's Spa Services Menu 720-339-3910

[www.creativerealityesspa.com](http://www.creativerealityesspa.com)

**Ananda BLISS - Signature Facial** \$60 (Series of 6 for \$300) This ultimate nurturing experience *Includes:* Skin analysis and consult \* Nurturing facial cleanse \* Lymph drainage massage \* Hydrating steam - with aromatherapy \* Gentle exfoliation - refines skin and promotes texture \* Hair, scalp and décolleté massage \* Custom mask \* Melting face and arm/hand massage \* Hydration and SPF moisturizer. Add Microderm Abrasion \$20

This innovative spa uses the Diamond Tone system, which uses a precise diamond-tip wand, rather than loose crystals, to exfoliate your skin without subjecting it to irritating debris. It can help reduce age spots, blemishes, acne scars, and general oiliness for a complexion you'll love to show off.

**Anahata Heart Facial** \$65 Ultrasound waves stimulate collagen and elastin diminishing the appearance of wrinkles and fine lines. A Skin Spatula uses ultrasound technology to gently exfoliate dead skin cells and impurities for noticeable radiant healthy glow. Deep cleans to help reduce the size of pores. Non-abrasive and safe for all skin types, including clients with Rosacea, sensitive, blemished, or aged skin. Add Microderm Abrasion \$20

**Chemical Facial Peel** \$65 (Series of 6 \$325) One of the oldest cosmetic procedures in the world, chemical peels were performed in ancient Egypt, Greece, and Rome to help people achieve smoother, more beautiful skin. If you want to reduce or eliminate the appearance of fine lines, wrinkles, acne scarring, and uneven pigmentation, or if you simply want to rejuvenate your skin, peels offer nearly immediate results and can be performed as an outpatient procedure. Sun damage results in fine wrinkling, skin thinning, sun spots (liver spots or solar lentigines), and very early precursor skin cancers (actinic keratosis). The most common candidate is a person with sun-damaged skin, uneven pigmentation, and/or actinic keratosis. *Includes:* Alpha Peels TCA Lactic Acid and Jessner Peel (up to 3 layers; \$10 for each additional layer).

**Back Action** \$60 Exfoliates, unclogs pores and hydrates skin, helps prevent breakouts, anti-inflammatory, increases healing, relaxes and restores. *Includes:* Active Body Wash deep cleanse \* Exfoliating Lemon Cream scrub with hydrating steam \* Extractions as needed \* Back massage: stimulates circulation, relaxes muscle tension, detoxifies skin tissue, brings nutrients to the surface layers \* Tea tree, milk and honey body wrap \* Scalp massage during body wrap \* Moisturizing Vita Rich body lotion

**Reiki** \$50 Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is based on the idea that an unseen "life force energy" flows through us all and is what causes us to be alive. If our "life force energy" is low, we are more likely to get sick or feel **stress**. If it is high, we are more capable of being happy, healthy, and whole. May be used in conjunction with aromatherapy, crystals and singing bowls.



**Decadent Body Wraps** \$65 A 3-in-1 experience of *Wrap Yourself Slim* three most powerful formulas. Promotes inch loss through detoxification. Excellent for cleansing, rejuvenation, and skin care. Helps reduce stretch marks and visible cellulite. Tones and tightens saggy skin and calms the parasympathetic nervous system.

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